

Morning Tea at Yinnar ARC



Life as Art

Living in a Japanese Zen Buddhist Temple

Friday 7th of December from 10.30am

at Arc Switchroom

Guest Speaker [Simon McInnes](#)

Arc & Yinnar Community Garden members invite you to Morning Tea and a talk on living in a Japanese Zen Buddhist temple.

Simon spent 7 years in Japan, 5 as an ordained monk, learning about and practicing Japanese Buddhism under a Zen Master. He will share his experiences in the temple, his incomplete understanding of Zen Buddhism and applications of the practice to modern Western life.

Tea from 10.30am

Talk at 11.00am

After the "talk" we will finish with soup and rolls.

We look forward to seeing you there.

Gold coin donation

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For more information call (03) 5163 1310

Arc Yinnar is open Tuesday - Friday 12 - 4pm. Saturday 11 - 3pm